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*Any damn fool can navigate the world sober. It takes a really good sailor to do it drunk. - Sir Francis Chichester*

## Grog

*Grog* \ˈgräg\ n [Old Grog, nickname of Edward Vernon 1757 E admiral responsible for diluting the sailors' rum] : spirituous liquor; specif : liquor (as rum) cut with water.

### The Perfect *Painkiller*

*Without ice (or very little ice), blend, shake, or stir:*

*1 ounce cream of coconut  
1 ounce orange juice  
4 ounces pineapple juice  
2 ounces Pusser's British Navy Rum*

Pour into a big glass filled with ice and grate fresh nutmeg on top.

## "Drink" in the word of a sailor

*Binder*--one for the road

*Black varnish*--bottled stout

*Bottle the tot*--save the drink for later

*Brown food*--beer, ale, stout

*Bug juice*--cocoa

*Cape Horn rain or Nelson's blood or Stagger juice*--rum

*Chai--tea*

*Cow--mild*

*Dead marine--empty bottle*

*Devil's toothbrush--half brandy, half gin*

*Giggle water--cocktail*

*Gimlet--gin and lime*

*Goffer--any drink with fizz*

*Gunfire--morning tea*

*Horse's neck--brandy and ginger ale*

*Kye--cocoa*

*Monkey piss--lime juice*

*Panther piss or Tiger piss--beer*

*Round-the-world--sherry, gin, whiskey, and brandy together*

*Sluggers--sloe gin*

*Swipes--near beer*

*Switchel--molasses, vinegar, and water*

*Thickers--strong tea*

*Tonsil varnish--low-grade tea*

*Wallop--beer*

***BBC***  
***"Bailey's Banana Colada"***

*4 ounces of pineapple juice*  
*1 ½ ounces cream of coconut*  
*1 ½ ounces of Bailey's Irish Crème*  
*1 banana*

*Mix all ingredients with cracked ice in a blender and pour into a chilled Collins glass. Garnish with a Maraschino cherry and an orange slice.*

## "Drunk" in the words of a sailor

Anchored in Sot's Bay

Back teeth awash

Bonkers

Carry three red lights (lights shown by a vessel not under control)

Cockbilled

Deado

Sewn up

Stitched

Three sheets to the wind

Trimmed down

Under full sail

### *The Backstreet Bushwacker*

*1 ounce of Vodka  
½ ounce of Amaretto  
½ ounce of light Crème de Cocoa  
½ ounce of Kahlua  
1 ounce of Bailey's Irish Crème*

*Blend with ice cubes until it has the consistency of a milkshake.  
Sprinkle with nutmeg*

## Royal Navy Rum Terminology

**Grog:** Traditionally, 2 parts water, 1 part Pusser's Rum.

**Tot:** 1/8th pint rum, the standard daily ration.

**Sippers:** A small gentlemanly sip from a friend's rum issue.

*Gulpers:* One, but only one, big swallow from another's tot.

*Sandy Bottoms:* To see off whatever's in a mug when offered by a friend.

*"Splice the Main Brace!":* A double tot for a job well done, or an invitation aboard for free drinks--and to say to a friend, "Let's Splice the Main Brace!" is synonymous with, "Let's have a drink!"

*The framework of Hospitality:* Where 3 sippers equal 1 gulp, and 3 gulps equal 1 tot!

*Bob's--a--Dying:* In Nelson's day, meant a "stupendous, drunken bash."

*A Long Swig at the Halliards:* To "tie" one on!

## Royal Navy Traditional Toasts

Monday	Our ships at sea.
Tuesday	Our men
Wednesday	Ourselves (as no one is likely to concern themselves with our welfare).
Thursday	A bloody war and quick promotion.
Friday	A willing soul and sea room.
Saturday	Sweethearts and wives, may they never meet.
Sunday	Absent friends and those at sea.

But the standing toast that pleased the most was:

*"The wind that blows*

*The ship that goes*

*And the lass that loved a sailor!"*

### *The Perfect Kalapana Colada*

*4 ounces of pineapple juice  
1 ½ ounces cream of coconut*

*1 ½ ounces of dark rum  
½ banana  
5 – 8 seedless red or green grapes*

*Mix all ingredients with cracked ice in a blender and pour into a chilled Collins glass. Float an extra shot of dark rum on the top and garnish with a Maraschino cherry and an orange slice.*

## Annals of the U.S. Navy

- 1794 - U.S. Navy established by an act of Congress
- 1797 - First captain's commission granted to John Barry
- 1797 - First frigate, the *United States*, was launched
- 1798 - Navy Department was established
- 1799 - First chaplain, William Balch, was commissioned
- 1830 - Sloop-of-war, *Vincennes*, first U.S. Navy ship to circumnavigate the globe
- 1837 - First real seagoing steam-powered man-of-war of the U.S. Navy, USS *Fulton*, was launched.
- 1861 - Daily issue of rum for enlisted men was abolished
- 1862 - First ironclad floating battery, USS *Monitor*, launched
- 1862 - Liquor was banned from Navy vessels, except for medicinal purposes
- 1893 - First true battleship in U.S. Navy, USS *Indiana* (BB-1), was launched
- 1898 - First practical submarine in the Navy, USS *Holland*, was launched
- 1911 - First naval aircraft, the A-1, made its first flight
- 1914 - Alcohol was banned from Navy yards and stations
- 1920 - First aircraft carrier, USS *Langley*, was commissioned
- 1942 - WAVES (Women Accepted for Voluntary Emergency Service) was established
- 1954 - First nuclear-powered submarine, USS *Nautilus*, was launched
- 1959 - First nuclear-powered surface ship, cruiser USS *Long Beach*, was launched
- 1960 - First nuclear-powered aircraft carrier, USS *Enterprise*, was launched
- 1997 - U.S. frigate *Constitution*, oldest warship afloat in the world, got underway under sail in celebration of her bicentennial

*The Peace & Love*

*2 ounces of Bailey's Irish Crème*

*2 ounces of Tia Maria*

*½ ounce of Hennessy's Cognac*

*Served over ice in an Old Fashioned Glass.*

[Top of page](#)

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612